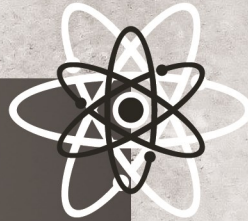


ANATOMY

GOD'S DESIGN FOR
THE HUMAN BODY



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The Human Body

When we look for evidence of a Creator, we don't have to go far! The human body is a good place to start. Read through these statements and talk about whether or not they show we were specially created by God or if it is possible that life here on earth just happened.

1. Your heart was made to pump blood day and night—24 hours a day, 7 days a week.

2. What would happen if your heart stopped pumping blood?

3. Your heart beats about 100,000 times in a day.

4. Your nose and ears do not stop growing. They continue to grow the whole time you are alive. What would happen if they were not made to keep growing?

5. No two people have the same fingerprints. We were also made to have different tongue prints.

6. Your brain was made special. The left side of your body is controlled by the right side of your brain. The right side of your brain is controlled by the left side of your brain.

Write out the following Bible verses and take some time to review them each day.

7. Job 12:10

8. Genesis 1:26-28

Laminin

When we look for evidence of a Creator, we don't have to go far! Colossians 1:17 says, "[Christ] is before all things, and in him all things hold together." In other words, Jesus is the cosmic glue that holds everything together.

1. Did you know your body is made up of 37.2 trillion cells?
2. The glue that holds your cells together is called "laminin." God specially designed laminin to be in the shape of a cross.



- A. Did the laminin simply appear in the shape of a cross, or is this another example of God's design?

- B. Laminin has a very important role in our bodies. It is in charge of knowing what job the cell performs in your body.

- C. If laminin does not do its job will your body know what to do? Circle one: YES or NO Why?

3. “In the shape of a cross.” Since laminin is in the shape of a cross, we can see this was God’s way of leaving His fingerprints throughout all of creation.

A. We *cannot* see God’s invisible qualities—like power and holiness—but we *can* see His creation and come to know that He is real.

B. What are God’s invisible qualities?
_____ and _____

Write out the following Bible verses and take some time to review them each day.

4. 1 Corinthians 1:16-17

5. Romans 1:20

Where Did Humans Come From?

When we look for evidence of a Creator we don't have to go far! Read through these statements and talk about whether or not they show we were specially created by God or if it is possible that life here on earth just happened.

1. Think about what you have heard about where we come from.

- A. Have you ever heard that we evolved from apes and monkeys?
- B. Do you believe that millions of years ago ape-men wandered the earth?
- C. Has someone told you that you are just another animal?
- D. Others believe that millions of years ago a single-celled creature appeared on earth.
- E. Have you heard of other ways? What do YOU think?

2. There are many ideas about where we came from. Not everyone believes the Bible.

- A. How do we know which view is the correct one? What evidence can you examine?
- B. Do you know anyone who has been around from the beginning, and whom you trust to tell you the truth?

God is eternal, which means He does not have a beginning or an end. He has always existed. God always tells the truth so we can trust His account of history in the Bible to be completely accurate.

Write out the following Bible verses and take some time to review them each day.

3. Genesis 1:24-26

4. Genesis 2:4-7

5. Genesis 2:18-23

How You See

When we look for evidence of a Creator we don't have to go far! Take a look at the statements below and talk about them with someone.

1. The eyeball is a complex machine.
 - A. Light from what you are looking at passes through your eye to a layer of cells located in the back of your eyeball.
 - B. The layer of cells is called the retina.
 - C. God designed the retina to send a description of the image it sees to your brain!

2. How does the eyeball work?
 - A. After an image passes through a thick protective covering called the cornea it goes through the pupil (the colored part of your eye) to reach the lens.
 - B. The image is sent through your eyeball to your retina when the muscles on both sides of the lens contract and relax. These muscles also make sure the picture sent is clear and able to be seen.

3. The eyes retina contains two types of cells: cones and rods.
 - A. God designed the **cones** to identify color.
 - B. Things that are dark can be seen by the **rods**.

4. Do you believe your eyes are wonderfully designed by a Creator?
- A. There are 6 muscles that control each of your eyes.
 - B. Your eyes stop growing after you reach puberty (between 16-21 years old), but your ears and nose never stop growing!
 - C. Your eye color is as unique as your fingerprint: no one else in the world has the same color eyes as you!

Write out the following Bible verses and pick one to memorize.

5. Job 12:10

6. Genesis 1:27

7. Proverbs 20:12

Bones and Muscles

When we look for evidence of a Creator we don't have to go far! God made our body with many different parts! He created us to have both bones and muscles that work together.

1. God specially designed our bodies to have bones. If we did not have bones, there would be nothing to hold us up. But that is not all!
 - A. We need muscles for our body to move correctly.
2. Our body is full of bones and muscles!
 - A. There are even bones in our ears—six small ones.
 - B. Each of our feet have 33 muscles.
3. God created joints and these jointed bones make up our skeleton.
 - A. The skeleton consists of the skull, spine, ribs, shoulders, and pelvis along with our arm and leg bones.
 - B. Some joints were specially designed to allow for bending one-way.
 - C. Our shoulder and hip joints have a lot more flexibility because they are ball and socket joints.

4. Muscles do many different things. Not all muscles make your bones move.

A. Do all our muscles have the same job?

Circle one: YES or NO

B. What does your heart muscle do?

C. What does your digestive muscle do?

5. Write out and memorize Job 12:10.

6. Write out one verse from a previous lesson that you remember.

Smell, Taste, and Touch

When we look for evidence of a Creator, we don't have to go far! God specially created us to have three main senses—each one does different things.

1. Did you know everything you smell has molecules that are caught by the smell receptors in your nose? These receptors communicate with your brain using the olfactory nerve.
 - A. Each smell is broken down into 7 basic odors.
 - B. The basic odors are smells like peppermint, flowers, perfume, vinegar, soap, mothballs, and rotten eggs.
2. God specially designed our body! This design includes smell being part of the sense of taste.
 - A. Taste not only involves your tongue, but also the roof and sides of your mouth. They are filled with thousands of taste buds that sense a specific taste and send the information to your brain!
 - B. There are 4 basic tastes like sweet, sour, salt, and bitter. God knew what he was doing when he designed this part of our bodies!
3. Your sense is found all over your body! God specially designed your skin to have a bottom layer—the dermis. This layer is filled with thousands of tiny nerve endings.
 - A. The nerve endings respond to hot or cold or pain or pressure.
 - B. If you burn yourself, a message of pain is sent to your brain. If you are sweating, a message of heat is sent to your brain.

Write out the following Bible verses and take some time to review them each day.

4. 1 Corinthians 1:16-17

5. Practice and recite Job 12:10 to someone in your house.

How You Hear

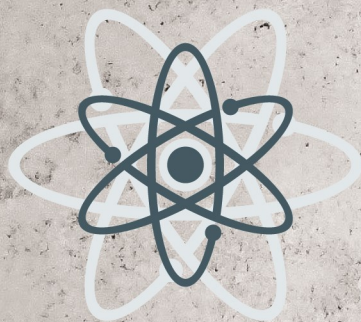
When we look for evidence of a Creator we don't have to go far! Read through these statements and talk about whether or not they show we were specially created by God or if it is possible that life here on earth just happened.

1. Your ear is specially designed.
 - A. Your eardrum can be found just a short distance inside your inner ear.
 - B. Your eardrum vibrates when a sound reaches it and these vibrations are then passed through the ear.

2. How do your ears work?
 - A. Vibrations are passed on to a series of three tiny bones that “tap” the sound from one to the other.
 - B. The last of the bones passes the sound vibrations on to a coiled tube.

3. The ear's cochlea is filled with fluid and millions of tiny hairs.
 - A. The tiny hairs and fluid transfer the sound you hear along a nerve to your brain.
 - B. God designed the parts in our ears to transfer sound!

4. Did you know your ears were shaped the way they are for a reason?
 - A. The part of your ears you can see have a unique shape so they can detect many sounds.
 - B. The sounds they collect are sent through a small hole to your inner ear.



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CREATION
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